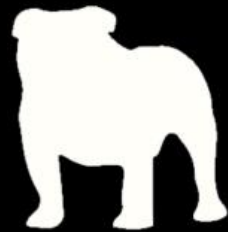


Eat In, Take Away, Delivery



**NELLIES**  
AT THE POSTGRAD

## Café Menu

Monday- Friday 7am-4:00pm



Nellies at the postgrad

Uber  
Eats



@nelliesatthepostgrad

Find us at the Postgraduate Medical Centre.

[nelliescafe.co.uk](http://nelliescafe.co.uk) 01752 430935 [hello@nelliescafe.co.uk](mailto:hello@nelliescafe.co.uk)

### BREAKFAST

- TOAST & STUFF** £2.00  
2 slices of buttered toast served with one of the following: Strawberry jam, marmite, honey or peanut butter (make me GF)
- CHERRY & CHOCOLATE GRANOLA** £4.00  
Nellies homemade granola, with cherries, dark chocolate, chopped nuts & natural yoghurt.
- NELLIES BREAKFAST BURRITO** £6.00  
**MEATY** Sausage patty, bacon, scrambled egg, cheese & Avo  
**VEGGIE** Sweet potato hash brown, Avo, scrambled egg, cheese & mushroom (V)
- NELLIES BREAKFAST** £6.50  
sausage patty, bacon, sweet potato hash brown, homemade baked beans, tomatoes, mushrooms, egg & toast. (make me GF)
- VEGAN BREAKFAST** £6.50  
scrambled seasoned tofu, tomatoes, sweet potato hash brown, garlic & oregano mushrooms, beans, smashed avo & toast. (V, VG, make me GF)
- BREAKFAST FRITTATA** £7.50  
filled with smoked salmon, spinach, tomatoes & potatoes topped with feta & a chive crème fraiche (GF)

### MAINS

- BAKED SWEET POTATO** £7.50  
Sesame & ginger Chick peas, tahini, pink pickled onions, rocket, vegan feta & candied seeds (V, VG, GF)
- CHICKEN SHAWARMA** £8.50  
Shredded marinated chicken, served on homemade flatbread with, sweet pickled red cabbage, lettuce, Pico de Gallo, paprika fries, pomegranate & lemon & garlic yoghurt.
- NELLIES CHEESE STEAK** £7.50  
Nellies marinated steak slices; pan fried with peppers & onions topped with Cheddar & mozzarella served in a sub roll topped with mustard, crispy onions & forest mushrooms
- NACHO LOADED FRIES** £6.50  
Skinny fries topped with fried chicken, guacamole, Pico de Gallo, mozzarella, cheddar, jalapenos & BBQ sauce

- MISO TASTY BURGER** £8.50  
Korean fried chicken, Kimchi, lettuce, tomatoes, cheese & miso mayonnaise served in brioche bun with fries
- NELLIES BIG BOY VEGAN BURGER** £8.00  
Meaty meat free patty, Vegan cheese, pink pickled onions, lettuce, tomatoes, Sweet potato satay hummus & gherkin served in vegan brioche with fries (V, VG)
- BBQ TOFU RAMEN** £6.50  
Pak choi, mixed mushrooms, sugar snaps, chillies, Udon noodles & ramen broth (VG)

### NELLIES SALAD BOXES

- KIMCHI BOWL** £5.00  
steamed rice, Pak choi, grated carrot, beetroot, edamame beans, avo, radish (V, VG, GF)
- SMOKED SALMON POKE BOWL** £5.50  
smoked salmon, edamame beans, pickled red cabbage, carrot, smashed avocado, radish & quinoa topped with sesame seeds & sriracha mayo. (GF)
- BURRITO STEAK BOWL** £5.50  
marinated steak, burrito veg, edamame beans, guacamole, coriander rice, salsa, crème fraiche & cheddar (GF)
- BAGUETTES** (available on white or brown) £4.50
- SLT smoked salmon**, lettuce, tomatoes, crème fraiche & capers
- Cheddar cheese**, Pink pickled onions, lettuce, tomatoes & chutney
- Steak**, rocket, sun-dried tomatoes & mayo
- TOASTED WRAPS** £5.00
- Falafel**, Sweet potato satay hummus, avo & feta (V, VG)
- Chicken tikka**, saag aloo, mango mayo
- Tuna & spring onion melt**
- (Gluten free bread available on request)

Food at Nellies is freshly prepared meaning at busy times there may be a slight wait, if this is the case you will be informed when ordering. If you are on your break and limited for time, we do encourage you to pre-order to avoid delay. You can also check out our delivery service to have your food delivered direct to you if you are unable to get to us. We take great care in the preparation of our food, and all staff are trained in allergen awareness. Please ask about allergens and to see our allergen index.