

Eat In, Take Away, Delivery



NELLIES
AT THE POSTGRAD

Café Menu

Monday- Friday 7am-4:30pm



Nellies at the postgrad



@nelliesatthepostgrad

Find us at the Postgraduate Medical Centre.

nelliescafe.co.uk 01752 430935 hello@nelliescafe.co.uk

BREAKFAST: SERVED ALL DAY

TOAST & STUFF £2.00
2 slices of buttered toast served with one of the following: Strawberry jam, marmite, or peanut butter (make me GF)

COCONUT AND BLUEBERRY PORRIDGE £4.50
Creamy coconut, peanut butter and blueberry porridge topped with almonds & maple syrup. (V, VG)

BREAKFAST BAGEL £5.50
Hickory smoked sausage, bacon, fried egg, cheddar OR Nellies beans, mushrooms, fried egg & avo

NELLIES BREAKFAST £6.75
Hickory smoked sausage, bacon, sweet potato hash brown, nellies baked beans, tomatoes, mushrooms, egg & toast. (make me GF)

VEGAN BREAKFAST £6.75
Scrambled seasoned tofu, tomatoes, sweet potato hash brown, mushrooms, nellies baked beans, smashed avo & toast. (V, VG, make me GF)

CROISSANT BENNY £7.95
Freshly baked croissant topped with buttered spinach, bacon, chorizo, hollandaise & 2 poached eggs.

MAINS

NELLIES CHIMICHANGA £7.50
Filled with either pulled pork or spiced quinoa chilli (VG) coriander rice, beans & cheese topped with avo, Pico de Gallo, pink pickles & sriracha mayo

CHICKEN & WAFFLES £8.50
Nellies buttermilk fried chicken, tossed in honey & sriracha, sweet waffle & a side of beetroot & carrot slaw

PHILLY CHEESE STEAK LOADED FRIES £6.50
Loaded with marinated steak, peppers, onions, mature cheddar, avo, jalapenos, truffle mayo & pink pickles

LOADED VEGAN FRIES £6.50
Topped with spiced quinoa chilli, avo, jalapenos, philly cheese sauce & pink onions

SIR PORK-A-LOT £9.00
Pork & chorizo patty topped with pulled pork, cheddar & pickles with beetroot & carrot slaw, lettuce, tomatoes, BBQ sauce served in a brioche bun with chips

FRAZZLED VEGAN £8.50
Meaty meat free patty, topped frazzles, philly cheese sauce & nellies secret burger sauce, served in a brioche bun with lettuce, tomatoes, pickles & chips (V, VG)

SEASONAL SOUP OF THE MINUTE £4.50
With a Nellies twist served with warm bread

NELLIES SALAD BOXES:

TOFU SHAWARMA BOWL £5.50
Peppers, pink onions, marinated tomatoes, roasted cauliflower, edamame beans, avo, quinoa & shawarma spiced tofu (V, VG, GF)

TANDOORI CHICKEN BOWL £5.50
Tandoori marinated chicken, Mango curry hummus, tandoori veg, beetroot & carrot slaw, edamame beans & quinoa (GF)

BURRITO STEAK BOWL £5.50
Marinated steak, burrito veg, edamame beans, guacamole, coriander rice, salsa, crème fraiche & cheddar (GF)

BAGELS

£4.75

Prawn, avo, rocket, tomatoes & thousand islands

Nellies fried chicken, bacon, cheddar, lettuce, tomatoes & mayo

Cheese, Branston pickle, lettuce, tomatoes & pink onions

PANINIS

£5.25

Mango curry hummus, tandoori roasted veg (V, VG)

Tuna & spring onion melt

Sausage, bacon, cheese, chutney & spinach (Gluten free bread available on request)

Food at Nellies is freshly prepared meaning at busy times there may be a slight wait, if this is the case you will be informed when ordering. If you are on your break and limited for time, we do encourage you to pre-order to avoid delay. You can also check out our delivery service to have your food delivered direct to you if you are unable to get to us. We take great care in the preparation of our food, and all staff are trained in allergen awareness. Please ask about allergens and to see our allergen index.